

## **Skill Assessment for 3.0 Players**

Name:		Self-Rating: Cell Phone:		Date: #Games Observed:				
Email:								
	Weath	er Conditions:		_				
	<u>To</u>	be filled out	by the Rating Team:					
3.0 Skill Level					0	1	2	
Able to hit a mediun	n paced for	ehand with di	rection and consistency	,				
Able to hit a mediun	n paced bad	khand with d	irection and consistency	<i>y</i>				
Able to hit a mediun	n paced ser	ve with depth	, direction and consiste	ncy				
Able to consistently	sustain a d	ink rally with	control					
Able to hit a mediun	n paced 3 <sup>rd</sup>	shot with dire	ection					
Able to hit a mediun	n paced vol	ley with direc	tion and consistency					
Understands the fur	ndamentals	of the game						
Understands proper	court posit	tioning						
Understands rules a	nd can kee <sub>l</sub>	o score						
Has good mobility /	•	•	ordination					
Has started playing	in tourname	ents						
Server Requireme	nt – 7 out of	Volley Requirer	Volley Requirement – 7 out of 10 (70%)					
	YES	NO		YES		NC	)	
Service Good			Good Forehand					
Service Foot Fault			Good Backhand					
		<u>.                                    </u>	Non-Volley Zone					
Server Return Requirement – 7 out of 10			foot faults					
(	70%)		<u> </u>					
	YES	NO		*- If a person cannot move quickly enough				
Good Forehand				due to physical restrictions, then the rating				
Good Backhand will be reduced according to th					phys	ical		
Good Backhand			limitations as relat	_	_			

**Ledger:** 0 = Not observed or not able to execute, 1 = attempted but very poorly executed/needs work, 2 = good basic form, but needs work, 3 = solid, consistent performance