Skill Assessment for 4.5 Players

Name: ___________________________ Self-Rating: _______ Date: ___________

Email: ___________________________ Cell Phone: ______________ #Games Observed: ___

Weather Conditions: _______________________

To be filled out by the Rating Team:

4.5 Skill Level – should ALSO possess all 4.0 Skills

Consistently controls and places **serves** and return of **serves**

**Serves** with power accuracy and depth and can vary speed and spin of **serve**

Consistent and dependable **forehand** groundstroke using pace and depth to generate opponent’s error to set up next shot

Can effectively/consistently direct the ball with the **backhand**, varying depth and pace

Ability to place **dink** with high success at changing shot types while playing both consistently and with offensive intent

Recognizes and attempts to hit attackable **dinks**

Consistently executes effective 3rd **shot** strategies that are not easily returned

Able to intentionally and consistently place the 3rd **shot drop**

Able to block hard volleys directed at them and consistently drop them in NVZ

Comfortable hitting swinging **volleys** and hits overhead shots consistently as putaways

Poaches effectively

Has effective lobs and creates coverage gaps and hits to these gaps consistently

Has good footwork and moves laterally, forward and backward well

Very comfortable playing at the NVZ

Communicates and moves well with partner – easily “stacks” court positions

Understands strategy and can adjusts style of play and game plan according to the opponent’s strengths and weaknesses and court position

Limited number of unforced errors

Has good mobility / quickness

Has good hand-eye coordination

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**Server Requirement – 10 out of 10 (100%)**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Good</td>
<td>Service Foot Fault</td>
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**Volley Requirement – 10 out of 10 (100%)**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good Forehand</td>
<td>Good Backhand</td>
</tr>
<tr>
<td>Service Foot Fault</td>
<td></td>
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</tbody>
</table>

**Server Return Requirement – 10 out of 10 (100%)**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good Forehand</td>
<td>Good Backhand</td>
</tr>
</tbody>
</table>

* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater’s Sign: ___________ Actual Skill Level: _____ Player’s Sign: ___________

Ledger: 0 = Not observed or not able to execute, 1 = attempted but very poorly executed/needs work, 2 = good basic form, but needs work, 3 = solid, consistent performance